

# **ASSURED HEALTH INSTITUTE**



**CATALOG 2025 EDITION**

**Published on 05.05.2025**

**Reg No: 2338**

Dear Students,

Thank you for choosing Assured Health Institute, where your journey towards a meaningful and rewarding career in healthcare begins. At Assured Health Institute, we educate and empower students. Whether you're new to healthcare or advancing in your career, our institute can become your trusted partner in building a future filled with purpose, stability, and success.

As you explore this catalog, you will discover the opportunities, resources, and support systems available to help you succeed. You are now part of a community that values excellence, integrity, and care as the very qualities that define exceptional healthcare professionals.

We are excited to have you with us and look forward to being a part of your educational journey.

With best wishes for your success,

Assured Health Institute Team

6797 North High Street Suite 331  
Worthington Ohio 43085-2533  
(614) 396-7649  
<https://assuredhealthinstitute.com>

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# IMPORTANT INFORMATION

**Assured Health Institute programs are approval by the Ohio State Board of Career Colleges and Schools, Ohio Department of Health and are applying for Approval by Ohio Board of Nursing.**

**Assured Health Institute (AHI) will be closed annually on the following holidays:**

New Year's Day  
Independence Day  
Thanksgiving Day  
Christmas Eve  
Christmas Day

## CAMPUS LOCATION & TRANSPORTATION ACCESS

Assured Health Institute (AHI)  
6797 North High Street, Suite 331  
Worthington, Ohio 43085-2533  
(614) 396-7649

AHI is strategically situated in the heart of Worthington, offering both visibility and accessibility. The campus provides easy access to public transportation for students who commute. The campus location is served directly by the Central Ohio Transit Authority (COTA) through bus route 102, which provides reliable daily service along North High Street route.

**Route 102 Schedule Overview:**

Weekdays (Monday–Friday):

Service runs approximately every 26 to 35 minutes, from 5:01 AM to 10:35 PM.

Saturdays:

Buses operate every 52 to 66 minutes, from 5:01 AM to 9:52 PM.

Sundays:

Service is available every 53 to 65 minutes, from 4:56 AM to 7:45 PM.

To ensure timely arrival and departure, students are encouraged to check the most current route information using the Transit mobile app or by visiting the official COTA website at

[www.cota.com](http://www.cota.com).

# **MEDIA RELEASE CONSENT**

## **Releases and Waivers**

By signing the Student Enrollment Agreement, the student authorizes the school to capture and use their image or voice in photos and videos for use in printed materials, digital marketing, website content, social media, newsletters, and other promotional formats.

The student understands that this authorization is granted without any expectation of payment, compensation, or royalties. All rights to the photographs and video recordings will be the property of the school.

The student acknowledges that they will not have the opportunity to inspect or approve final versions of materials in which their likeness is used. The school commits to using all media content respectfully and appropriately.

The student releases and discharges the school from any claims, demands, or liabilities arising from the use of such photographs or videos.

By signing the Student Enrollment Agreement, the student agrees to receive communications from Assured Health Institute including phone calls, text messages, and emails, related to admissions, course updates, scheduling, and future opportunities. These communications may be sent to the contact information provided by the student during enrollment. For questions or updates, please contact the Admissions Office or Director of Nursing.

# **STUDENT CODE OF CONDUCT**

## **EXPECTATIONS**

Students are expected to demonstrate conduct that reflects professionalism, responsibility, and respect in all school-related settings. The following guidelines outline behavioral expectations:

1. The use, possession, sale, or distribution of illegal substances or alcohol on school premises or at school-sponsored events is strictly prohibited.
2. Students must not report to class or any academic activity while under the influence of alcohol, illegal substances, or misused prescription drugs.
3. Weapons of any kind—including but not limited to firearms, knives, or dangerous devices—are strictly prohibited on school property.
4. Academic integrity must be upheld at all times. Cheating, plagiarism, falsification of records, and other forms of dishonesty are violations of this policy.
5. Students must treat all personal, institutional, and clinical property with care and respect.
6. Attendance policies must be followed. Students are responsible for managing their schedules and meeting all attendance requirements.
7. Timeliness is a professional standard. Students must arrive promptly for all classes, labs, and clinical experiences.
8. Students must maintain courteous, respectful, and professional communication and interactions with faculty, staff, peers, and patients.
9. Adherence to dress codes and appearance standards is required, especially in clinical and lab settings.
10. Disruptive behavior, harassment, discrimination, or threats of violence will not be tolerated under any circumstances.

Failure to comply with the Student Code of Conduct may result in disciplinary action, including but not limited to warnings, probation, suspension, or dismissal from the program, depending on the severity of the violation.

## **MISSION**

Assured Health Institute's mission is to prepare compassionate and skilled healthcare professionals to lead, serve, and positively impact local and global healthcare communities by offering innovative, student-centered education that cultivates a culture of excellence, diversity, and inclusivity.

## **VISSION**

Our vision is to be a leading nursing education program known for innovation, leadership, and community engagement, in addition to preparing graduates who will transform healthcare through compassionate, evidence-based practices.

## **ADMISSION REQUIREMENTS**

Entrance requirements to qualify for admission into any of the Assured Health Institute programs, applicants must meet the following criteria as applicable:

### **ADMISSIONS PROCESS**

**APPLICATION:** Applicant must submit the AHI E-Application

**REGISTRATION FEE:** Applicant must pay Registration fee of \$50.

**HIGH SCHOOL/GED:** The applicant must provide documentation of graduation from high school in the form of a valid high school diploma, transcript or other acceptable documentation issued by an authorized state education agency (e.g., General Education Development (GED) in Ohio).

**Age requirement:** At least 16 years old for CNA, and 18 years for NCLEX Review and Practical Nursing (PN)

**COMPLETED BACKGROUND CHECKS** —Both BCI and FBI (Using Code: 4723.09)

### **IMMUNIZATIONS & VACCINATIONS TO INCLUDE:**

2-step Mantoux tuberculin skin test or as necessary a chest x-ray

Hepatitis B-series or a signed waiver declining immunization

History of 2 MMR vaccinations or titer showing immunity

DTap vaccine

**1-STEP TUBERCULOSIS (TB) TESTING:** Applicants must have a screening for TB test prior to the start of the Clinical Site Visit. Testing must be done within one year before beginning the program and again before beginning clinical rotations.

Participate in a personal interview with admissions staff-PN students

Attend a mandatory New Student Orientation-PN students

## **AMERICANS WITH DISABILITIES ACT (ADA) STATEMENT**

Assured Health Institute is committed to providing equal educational opportunities for students with

disabilities in compliance with the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act. Reasonable accommodations are available to qualified students with documented disabilities.

### **Students requesting accommodations must**

Submit current documentation of the disability from a licensed professional.

Contact Student Services to request accommodations.

Work collaboratively with staff to establish and implement a reasonable accommodation plan.

All requests are handled confidentially and evaluated individually.

## **TUITION AND TUITION REFUND POLICY**

In compliance with Ohio Administrative Code 3332-1-10(F)(6)(b), Assured Health Institute follows the refund schedule outlined below for students who withdraw or are dismissed from the program. Tuition is due on the first day of class unless the student has requested for a payment plan. Tuition costs vary depending on the program. Students with an outstanding balance will not be awarded any certifications. AHI reserves the right to change the tuition and fee charges shown in this catalog.

According to Ohio Administrative Code 3332-1-10(F)(6)(b), certificate programs with a duration of less than 300 clock hours are subject to the following refund policy:

#### **1. Cancellation for Five Days**

Students are eligible for a 100% refund of all tuition and fees paid, including the registration fee, if they formally withdraw from the program within five calendar days of signing the enrollment agreement.

**2. Withdrawal Before first class:** The school only keeps the registration fee if a student leaves after the five-day cancellation window but before the start of classes. The full amount of all other tuition and refundable fees is returned.

#### **3. Withdrawal before second class but after first Class**

The student is liable for 25% of the tuition plus the registration fee if they withdraw after the first class but before the second. Seventy-five percent of the tuition is reimbursed.

#### **4. Retraction Prior to Third Class**

The student is liable for 75% of the tuition plus the registration fee if they drop out after the second class but before the third. The remaining 25% of tuition is reimbursed.

#### **5. Retraction Following Third Class**

There is no reimbursement for students who leave class after the third session starts. Tuition and fees are entirely the student's responsibility.

Students are encouraged to speak with the Financial Services Office before withdrawing to understand the full impact of withdrawal on their tuition obligations and financial aid.

Refunds will be issued within 30 days of the student's withdrawal date or last documented attendance, whichever is earlier.

**TRANSFER CREDIT:** At this time, AHI is not accepting transfer credits or credits for students' previous experien

# **CERTIFICATE PROGRAMS**

## **Certified Nurse Aide (CNA) Program**

### **ENROLLMENT**

#### **Certified Nurse Aide (CNA) Program**

The Certified Nurse Aide Program is a 75 clock-hour program. Day class starts every two weeks and evening class starts every three weeks, Day class 12 days Monday-Friday 8 am-2:30 pm and evening class Monday to Friday 5:30 pm to 9:45 17 days

# CURRICULUM DETAILS

## CERTIFIED NURSE AIDE (CNA)

| Module                                    | Content Description  | Hours | Delivery Format        |
|---|--|-------|------------------------|
| 1. Introduction to Nurse Aide Role        | Overview of healthcare team, scope of practice, ,                          | 1.5   | Classroom              |
| 2. Communication and Interpersonal Skills | Verbal/non-verbal skills, listening, documentation, teamwork               | 4.5   | Classroom              |
| 3. Infection Control                      | Hand hygiene, PPE, standard precautions, cleaning/disinfection             | 2.5   | Lab/Skills + Classroom |
| 4. Safety and Emergency Procedures        | Body mechanics, fire safety, disaster plans, Heimlich maneuver             | 6.5   | Lab/Skills + Classroom |
| 5. Promoting Resident Independence        | Mobility assistance, dignity, cultural sensitivity, supportive environment | 1.0   | Classroom              |
| 6. Mental Health and Social Needs         | Dementia, Alzheimer's, emotional support, conflict resolution              | 11.5  | Classroom              |
| 7. Basic Nursing Skills                   | Vital signs, intake/output, positioning, bed making, skin care             | 19    | Lab/Skills + Classroom |
| 8. Personal Care Skills                   | Bathing, toileting, grooming, oral care, perineal care, incontinence care  | 22.5  | Lab/Skills + Classroom |
| 9. Nutrition and Hydration                | Feeding, diet types, fluid intake,   | 5     | Lab/Skills +           |

|                          |   |     |                     |
|--------------------------|---|-----|---------------------|
|                          | mealtime assistance                                     |     | Classroom           |
| 10. Restorative Services | ROM exercises, ambulation, transfers, assistive devices | 4.0 | Lab/Skills          |
| 11. Resident Right       | Resident rights ethics, OBRA                            | 1.0 | Classroom           |
| 12. Clinical Practicum   | Supervised resident care in long-term care facility     | 16  | Clinical (hands-on) |

### 1. Program Objectives

Upon completion of this Nurse Aide Training Program, students will be able to:  
 Demonstrate knowledge of resident rights and provide care with dignity and respect  
 Communicate effectively with residents, families, and healthcare staff  
 Apply infection control techniques and safety protocols  
 Perform basic nursing and personal care skills  
 Accurately document and report patient conditions  
 Assist residents with mobility, nutrition, hygiene, and restorative services  
 Work as a competent, entry-level (CNA)

### 2. Skills Checklist (Based on ODH)

Students will be trained and assessed in the following critical skills:

- Hand Hygiene
- Applying PPE
- Measuring Blood Pressure, Pulse, Respirations, and Temperature
- Assisting with Ambulation Using Gait Belt
- Feeding a Resident
- Providing Perineal and Catheter Care
- Providing Foot, Oral, and Nail Care
- Positioning on Side
- ROM Exercises (Shoulder, Elbow, Hip, Knee)
  - Bedpan Use and Toileting
  - Bed making and Personal Hygiene

### 3. Graduation Requirements

- To graduate, the student must:
- Complete 75 hours (59 classroom/lab, 16 clinical)
- Demonstrate proficiency in required clinical skills
- Score at least 80% on the final written exam
- Pass the skills competency evaluation (5 random skills evaluated)

### 4. Final Evaluation

- Written Exam: Multiple-choice test covering OBRA regulations, skills, and safety procedures
- Skills Exam: Hands-on demonstration of 5 randomly selected ODH-mandated skills

## CNA TUITION AND FEES

| Tuition and Fees                  | Amount              |
|-----------------------------------|---------------------|
| Registration fee                  | \$50                |
| Program Tuition                   | \$400               |
| Program Textbooks                 | Included in Tuition |
| Technology fee                    | Included in Tuition |
| Uniform fee                       | Included in Tuition |
| Graduation fee                    | Included in Tuition |
| Total Tuition and Fees Due to AHI | \$450               |
| Returned Check Fee                | \$25/instance       |

## **SEQUENCE OF COURSES**

### **CERTIFIED NURSE AIDE (CNA) PROGRAM**

Introduction to Health Care and the Role of the Nurse Aide

Basic Human Needs & Communication Skills

Infection Control and Safety Procedures

Body Structure and Function Overview

Patient Care Skills Theory

Skills Lab: Hands-On Practice (Bed-making, Vitals, Mobility, Hygiene)

Clinical Practicum in Long-Term Care Facility

Supervised direct care under state-approved instructors

Minimum 16 clinical hours as required by the Ohio Department of Health (ODH)

## **ATTENDANCE POLICY**

All students are required to uphold professional ethics, demonstrate competency, and respect staff and peers.

Failure to comply may lead to disciplinary actions, probation, or termination. Any student who wishes to permanently discontinue enrollment must provide a written or oral statement of intent to a school official.

Appeals for termination decisions may be made in writing within 5 business days of receiving notice.

## **LEAVE, ABSENCES, AND TARDINESS**

Students 75 hours for CAN.

- Tardiness will be tracked; three (3) tardies = one absence.
- LOA requests will be considered for valid emergencies only.

### **Makeup work**

- Makeup must be completed within two weeks of missed time.

- All clinical rotation must be passed with competency; makeup days must be scheduled with the coordinator.

### **Suspension/Termination Grounds**

- Unsafe medication administration practice.
- Repeated tardiness or missed clinical.
- Dishonesty, lack of professionalism, or HIPAA violations.

## **GRADING SYSTEM**

### **Grade Scale**

| Percentage Range  | Letter Grade           |   |
|-------------------|------------------------|---|
| 93% – 100% (4.0)  | A                      |   |
| 84% – 92.9% (3.0) | B                      |   |
| 78% – 83.9% (2.0) | C (min. passing grade) |   |
| 77.9% or below    | F (failing grade)      |   |
| P / F             | Pass / Fail            | Used for clinical or lab skills evaluations |

Students must pass all lab/clinical skills assessments with a grade of "Pass."

## **CERTIFIED NURSE AIDE (CNA)**

Theory: 40% of final grade

Lab Skills: 30%

Clinical Performance: 30%

Must pass all state-mandated skills and maintain at least 80% overall to be eligible for the state certification exam.

## **PROGRESS POLICY**

### **ATTENDANCE**

Students will receive numbered grades ranging from 0% to 100% on course tests and assignments. Students are expected to meet the minimum standards as outlined in the school's academic grading system per program. A minimum grade of 80.00% is required to pass each course. Students enrolled in, CNA program who do not meet the minimum academic or clinical performance requirements may be given options to improve on skills. This is to allow students to correct performance deficiencies with the support and guidance of the program faculty. If the student then fails to meet the minimum grading requirement of 80.00%, the student will be ineligible to attend clinical and will not be issued a certificate of completion. A student who does not receive a passing grade may choose to re-enroll in an upcoming session of the class. The student will be required to repay any applicable tuition and technology fees.

## **DISMISAL AND RE-ENTRANCE**

It is not the intention of Assured Health Institute to dismiss a student. However, student could be dismissed or suspended from a program when verbal and written warnings fail due to unsatisfactory academic or clinical progress. The school retains the right to proceed straight to disciplinary action, such as suspension or termination, depending on the seriousness of the problem, thereby bypassing the verbal or written warning phases.

When a student's behavior, attendance, or academic performance fails to meet expectations, the school will implement a progressive discipline plan, beginning with verbal which It allows the student to correct his or her behavior without having to provide formal documentation. The instructor may keep record the warning internally to track recurring issues. Common causes of verbal warning include first-time tardiness, minor disruptive behavior, incomplete assignments, and being unprepared. When a student does not improve on identified issues by the school authority, a written warning will be issued. A written warning is more is more serious, such as recurrent absences, academic dishonesty, or breach of conduct.

A written warning may consist of behavior contracts, mandatory tutoring, or a plan for performance improvement which would be recorded in the student's file.

A student may be dismissed for, but not limited to, the following reasons:

1. Unsatisfactory academic progress
2. Excessive absences or tardiness
3. Refusal to Participate in required program activities.
4. Excessive absences or tardiness
4. Ethical or legal violations
5. Failure to comply with Assured policies
6. Unsafe or inappropriate clinical practice

Upon dismissal, any refund will be made according to the refund policy.

A student who is dismissed from the program for unsatisfactory conduct will not be allowed to return. A student who is dismissed from the program due to inability to complete the required work will not be permitted to return except if the student can show proof the ability to be successful in the program/newly acquired skills or education. If a student has previously withdrawn from the program, and wants to return to the program, the student is considered a new student and the current application and admission procedures must be followed. Re-entry for students who have been dismissed from the program will be considered on a case-by-case basis. Students wishing to re-enter the program must schedule a reentrance interview with admissions.

## **GRIEVANCE PROCEDURE**

AHI is committed to resolving student issues in a fair, transparent, and respectful manner while maintaining a supportive learning environment. The grievance procedure establishes a formal process for students to express concerns or complaints about academic, clinical, administrative, or interpersonal issues that may impact their educational experience. Students are encouraged to try to resolve the issue directly with the person involved (e.g., instructor, staff member) in a respectful manner. If no resolution is reached, the student should contact the Program Administrator within 5 business days of the incident. If informal resolution is unsuccessful, the student may start a formal grievance procedure. Whether or not the problem or complaint has been resolved satisfactorily by the school, the student may direct any problem or complaint to:

**Ohio State Board of Career Colleges and Schools**  
30 East Broad Street, Suite 2481  
Columbus, OH 43215  
Phone: (614) 466-2752  
Website: <https://scr.ohio.gov>

# PRACTICAL NURSING PROGRAM



## PROGRAM OVERVIEW

The Practical Nursing (PN) Program at Assured Health Institute provides a comprehensive, career-focused education designed to prepare students for entry-level positions in the nursing field. The program totals 1,130 clock hours, comprising 700 theory hours, 300 lab hours, and 130 clinical hours, distributed over three semesters.

These full-time, day and evening programs equip students to care for individuals of all ages across a variety of healthcare settings. A strong emphasis is placed on hands-on learning, with instruction delivered through simulation labs and supervised clinical experiences to ensure students gain practical, real-world skills in patient-centered care.

The curriculum is sequentially structured, enabling students to progressively develop their communication, critical thinking, and problem-solving skills. Instructional methods include a blend of lectures, laboratory exercises, clinical practice, seminars, simulations, and practicum opportunities.

Upon successful completion, graduates become eligible to apply for licensure and take the National Council Licensure Examination for Practical Nurses (NCLEX-PN). Graduates are well-prepared to begin rewarding careers as Licensed Practical Nurses (LPNs) in hospitals, long-term care facilities, outpatient clinics, and home health settings.

## PN ENROLLMENT DATES

### FALL 2025

- **Registration Deadline:**, 2025
- **Tuition Due Date:** August 2025
- **Semester Start:** September 2025
- **Midterm Week:** October, 2025
- **Semester End:** 2025
- **Semester Breaks:** 2025 –2026

### SPRING 2026

- **Registration Deadline:** 2025
- **Tuition Due Date:** 2025
- **Semester Start:** 2026
- **Midterm Week:** February, 2026
- **Semester End:** April, 2026
- **Semester Break:** April – May 2026

### SUMMER 2026

- **Registration Deadline:** 2026
- **Tuition Due Date:** April, 2026
- **Semester Start:** May 2026
- **Midterm Week:** June – June, 2026
- **Semester End:** August, 2026
- **Semester Break:** August, 2026

### FALL 2026

- **Registration Deadline:** August, 2026
- **Tuition Due Date:** August, 2026
- **Semester Start:** August, 2026
- **Midterm Week:** October– October, 2026
- **Semester End:** December, 2026
- **Semester Break:** December, 2026 – January, 2027

# GRADING AND ACADEMIC POLICIES

## Grading Scale:

A = 93-100% (4.0)

B = 84- 92.9% (3.0)

C = 78- 83.9% (2.0) ----Minimum grade considered satisfactory.

F = 77.99 or

below (0.0)

T= Transfer

credit

W = Withdrawal

R=Repeated

Course I=

Incomplete

## Satisfactory Academic Progress (SAP):

Students must:

Maintain a minimum grade of 78% in all courses

Maintain at least 90% attendance

Successfully complete all required clinical competencies

Probation and Dismissal Policy:

Students failing to meet SAP will be placed on academic probation.

Continued failure may result in dismissal from the program.

Re-entrance Policy:

Students dismissed for academic reasons may reapply after one term.

Re-entrance is contingent on available space and academic review.

# PROGRAM REQUIREMENTS

Graduation Requirements:

Completion of 1,130 clock hours (700 theory | 300 lab | 130 clinical)

Minimum 78% average in all courses

Satisfactory completion of all clinical hours and competencies

Fulfillment of all financial obligations

Attendance Expectations:

90% minimum attendance is required for all classroom, lab, and clinical sessions.

Excessive absences may result in failure or dismissal.

School scrub Uniform-as indicated by AHI

Nursing shoes (closed-toe, non-slip)

## Student Services

Career Services:

Resume and cover letter assistance

Job placement support  
 Interview preparation  
 Networking with local healthcare facilities  
 Academic Advising:  
 Scheduled academic progress meetings  
 Tutoring and remediation support  
 Guidance on clinical readiness and NCLEX-PN preparation

## PN PROGRAM CURRICULUM PLAN

**Total Program Hours: 1,130 (Theory: 700 | Lab: 300 | Clinical: 130)**

### Semester 1

| Course Title                  | Theory Hours | Lab Hours | Clinical Hours | Total Hours |
|-------------------------------|--------------|-----------|----------------|-------------|
| Nursing Fundamentals & Skills | 96           | 80        | 48             | 224         |
| Nutrition                     | 32           | 0         | 0              | 32          |
| Pharmacology I                | 32           | 0         | 0              | 32          |
| Anatomy & Physiology I        | 64           | 0         | 0              | 64          |
| <b>Semester 1 Total</b>       | <b>224</b>   | <b>80</b> | <b>48</b>      | <b>352</b>  |

### Semester 2

| Course Title            | Theory Hours | Lab Hours  | Clinical Hours | Total Hours |
|-------------------------|--------------|------------|----------------|-------------|
| Nursing I               | 96           | 96         | 32             | 224         |
| Pharmacology II and IV  | 48           | 40         | 6              | 94          |
| Anatomy Physiology II   | 64           | 0          | 0              | 64          |
| <b>Semester 2 Total</b> | <b>208</b>   | <b>136</b> | <b>38</b>      | <b>382</b>  |

### Semester 3

| Course Title               | Theory Hours | Lab Hours | Clinical Hours | Total Hours |
|----------------------------|--------------|-----------|----------------|-------------|
| Nursing II                 | 96           | 64        | 24             | 184         |
| Mental Health              | 36           | 0         | 8              | 44          |
| Maternal and Child Nursing | 60           | 20        | 12(6 and 6)    | 92          |

|                                  |            |           |           |            |
|----------------------------------|------------|-----------|-----------|------------|
| NCLEX-PN<br>Review &<br>Capstone | 76         | 0         | 0         | 76         |
| <b>Semester 3<br/>Total</b>      | <b>268</b> | <b>84</b> | <b>44</b> | <b>396</b> |

# PN CURRICULUM DETAILS

## CURRICULUM DESCRIPTION AND COURSE OUTCOMES

The PN curriculum is designed to provide students with the fundamental and advanced nursing knowledge, clinical judgment, and hands-on skills required to care for individuals across the lifespan in a variety of healthcare settings.

## SEQUENCE OF COURSES

### Semester I

#### **Nursing Fundamentals & Skills**

**Theory: 96 | Lab: 80 | Clinical: 48 | Total: 224 Hours**

This course provides an introduction to the role, responsibilities, and scope of practice of the practical nurse. It lays the groundwork for nursing practice by exploring the core concepts of person, health, environment, and nursing—central to the program’s conceptual framework. Students examine the dynamics of professional nurse-client relationships, including appropriate boundaries and therapeutic communication.

Key topics include cultural competence, developmental and spiritual considerations, end-of-life care, and the ethical and legal principles guiding nursing practice. The course also introduces students to effective documentation and the fundamentals of the nursing process.

Basic nursing skills are emphasized, including measurement of vital signs, pain assessment, and data collection techniques to support client evaluation. Foundational safety practices, such as the correct use of restraints, body mechanics, and infection prevention and control, are practiced in the lab setting. Critical thinking is introduced to support sound clinical judgment and decision-making.

#### **Nutrition**

**Theory: 32 | Lab: 0 | Clinical: 0 | Total: 32 Hours**

This course emphasizes the critical role of nutrition in promoting, maintaining, and restoring

health across the lifespan. Students will explore the fundamental principles of good nutrition and understand how nutrients support the body's processes of growth, development, healing, and overall well-being.

A scientific foundation is established through the integration of basic concepts from chemistry, microbiology, and biology, which enhance the practical nurse's ability to apply nutritional knowledge in clinical settings. The course addresses the body's nutritional requirements during various life stages, as well as in times of metabolic stress and illness. Special attention is given to physiological adaptations, therapeutic diets, and both enteral and parenteral nutrition interventions.

The nurse's role in nutritional assessment, planning, and intervention is highlighted through the consistent application of the nursing process. By the end of the course, students will have a solid understanding of how to integrate evidence-based nutritional practices into individualized care plans that support health promotion and disease management. Students will also identify nutritional needs for various populations and apply nutritional principles in patient care planning

### **Pharmacology I**

**Theory: 32 | Lab: 0 | Clinical: 0 | Total: 32 Hours**

This course emphasizes the practical nurse's responsibilities in the safe and effective administration of medications across the lifespan. Students are introduced to essential pharmacological concepts, including drug classifications, mechanisms of action, and the nursing considerations associated with medications that affect various body systems.

The course explores the interactions between prescribed drugs and over-the-counter supplements, including vitamins, minerals, and herbal remedies. Students will develop cultural competence and gain insight into how economic and social factors influence medication adherence and access to care.

Critical thinking is fostered through the use of the nursing process, enabling students to identify potential medication-related issues and promote patient safety. Laboratory instruction focuses on the proper administration and documentation of oral, enteral (g-tube), topical, and parenteral (injection) medications. Practice in dosage calculation and medication math is included, with regular evaluation to ensure accuracy and safety in clinical settings.

### **Anatomy & Physiology I**

**Theory: 64 | Lab: 0 | Clinical: 0 | Total: 64 Hours**

This foundational course provides practical nursing students with an in-depth study of the structure and function of the human body. Emphasis is placed on understanding the relationship between anatomical structures and their physiological roles in maintaining homeostasis and supporting life.

Topics covered include an introduction to basic cell biology, tissues, and the organization of the human body. Major body systems explored in this first sequence include the integumentary, skeletal, muscular, and **nervous systems**, along with the sensory organs. Students will learn how each system contributes to normal body function and how disruptions may lead to disease or health alterations.

The course is designed to help students apply scientific principles to nursing care, laying the groundwork for clinical decision-making and holistic patient assessment. Medical terminology, common pathophysiological conditions, and practical applications relevant to nursing are integrated throughout the course to enhance understanding and prepare students for advanced nursing coursework.

By mastering core anatomical and physiological concepts, students build a solid scientific

foundation necessary for safe, competent, and effective nursing practice.

Semester II: Intermediate Nursing Concepts

## **Semester II**

### **Nursing I**

**Theory: 96 | Lab: 96 | Clinical: 32 | Total: 224 Hours**

This course builds upon foundational nursing knowledge and introduces students to intermediate-level nursing concepts essential for caring for patients across the lifespan. Emphasis is placed on applying the nursing process to promote health, prevent illness, and provide care for individuals with common health alterations.

Key areas of focus include fluid and electrolyte balance, cardiovascular function, respiratory support, cancer care, perioperative nursing, and care of patients with gastrointestinal and musculoskeletal conditions. Students will expand their understanding of disease processes and how to manage associated symptoms and complications through appropriate nursing interventions.

Students will further develop skills in clinical judgment, communication, and safe medication administration, while reinforcing infection control practices and ethical standards of care. The course integrates classroom instruction, laboratory practice, and supervised clinical experience to support the development of hands-on nursing skills and critical thinking.

By the end of the course, students will be expected to demonstrate increased independence in planning and implementing patient-centered care and will be better prepared for the more complex nursing concepts addressed in the next phase of the program

### **Pharmacology II and IV Therapy**

**Theory: 48 | Lab: 40 | Clinical: 6 | Total: 94 Hours**

This course builds upon foundational pharmacological knowledge by deepening the student's understanding of medication classifications and the nursing responsibilities associated with administering commonly prescribed drugs across a wide range of health conditions. Emphasis is placed on recognizing therapeutic effects, potential side effects, and contraindications within the context of diverse patient populations.

The course also introduces students to the principles and regulations surrounding intravenous (IV) therapy, including the safe preparation, initiation, maintenance, and discontinuation of IV infusions. Legal and ethical considerations, as well as state-specific guidelines for IV therapy, are discussed in detail.

Throughout the course, students are encouraged to apply the nursing process to promote critical thinking, clinical reasoning, and sound decision-making related to pharmacological care. The ultimate focus is on developing safe, competent, and evidence-based medication administration practices.

### **Anatomy & Physiology II**

**Theory: 64 | Lab: 0 | Clinical: 0 | Total: 64 Hours**

This course is a continuation of Anatomy & Physiology I, with a deeper exploration of the body systems essential to maintaining internal balance and supporting complex bodily functions. Students will examine the structure and function of the following systems: endocrine, cardiovascular, lymphatic/immune, respiratory, digestive, urinary, and reproductive. Particular focus is placed on how these systems interact to regulate critical processes such as hormonal control, fluid and electrolyte balance, blood pressure regulation, oxygenation, metabolism, and reproduction. Students will explore common pathophysiological conditions and diseases affecting these systems, with clinical relevance highlighted throughout. This course supports the development of critical thinking and clinical reasoning skills by connecting anatomical and physiological knowledge to nursing care practices. Concepts learned will directly inform students' ability to assess, monitor, and respond to client needs in clinical settings. By the end of the course, students will have a comprehensive understanding of human physiology, preparing them for more advanced nursing theory, pharmacology, and clinical application.

### **Semester III**

#### **Nursing II**

**Theory: 96 | Lab: 64 | Clinical: 24 | Total: 184 Hours**

This capstone course in the Practical Nursing program integrates advanced nursing concepts with real-world application to prepare students for professional practice and successful transition into the workforce. The focus is on delivering safe, competent, and ethical nursing care to individuals with complex and multisystem health issues across the lifespan.

Key content areas include leadership and delegation within the LPN scope of practice, management of chronic and acute illnesses, end-of-life care, rehabilitation, and care coordination. Students will also refine their skills in prioritization, time management, clinical decision-making, and interdisciplinary collaboration.

A central component of this course is the Transition to Practice module, which includes preparation for the NCLEX-PN exam, resume development, job readiness training, and strategies for maintaining professional licensure and continuing education. The course fosters confidence, competence, and professional identity as students prepare for the responsibilities of licensed practice.

Clinical experiences and simulation activities provide opportunities for students to demonstrate mastery of skills and apply critical thinking in diverse patient care settings. Emphasis is placed on the integration of knowledge, technical ability, and compassionate care, ensuring that graduates are well-equipped to begin their careers as Licensed Practical Nurses.

#### **Mental Health Nursing**

**Theory: 36 | Lab: 0 | Clinical: 8 | Total: 44 Hours**

This course introduces students to the roles, responsibilities, and scope of practice for practical nurses in the care of individuals experiencing mental health challenges. Emphasis is placed on understanding therapeutic communication, the creation of a supportive and structured environment (therapeutic milieu), and the application of the nursing process to various mental health conditions.

Students will explore major psychiatric disorders, treatment approaches, and the nurse's role in promoting emotional and psychological well-being. The course also encourages students to

recognize the importance of maintaining their own mental wellness as a foundation for delivering compassionate and effective care to others.

### **Maternal and Child Nursing**

**Theory: 60 | Lab: 20 | Clinical: 12 | Total: 92 Hours**

This course focuses on the application of practical nursing principles to the care of women, infants, and children. Emphasis is placed on health promotion and wellness throughout pregnancy, including the physiological and emotional changes during each stage of gestation. Students will also examine potential complications related to pregnancy, labor, and delivery, and explore nursing interventions that support maternal and fetal well-being.

Care of women and family dynamics in diverse cultural contexts will be addressed, along with common medications used during pregnancy and childbirth. Instruction includes both lecture and hands-on practice, with opportunities to develop competency in maternal and pediatric nursing skills through laboratory sessions and simulation experiences.

The developmental needs of children—from infancy through adolescence—are thoroughly reviewed. The role of the practical nurse in supporting children with acute and chronic health conditions is explored, with an emphasis on family-centered care.

Critical thinking, communication, patient safety, and the promotion of self-care are integrated throughout the course. Students will also receive training in pediatric and maternal medication administration, including dosage calculations and safe delivery practices.

### **NCLEX-PN Review & Capstone**

**Theory: 76 | Lab: 0 | Clinical: 0 | Total: 76 Hours**

This comprehensive course is designed to prepare Practical Nursing students for successful completion of the National Council Licensure Examination for Practical Nurses (NCLEX-PN). The curriculum offers an in-depth review of core nursing concepts, including medical-surgical nursing, pharmacology, maternal-child health, mental health, and fundamentals of nursing practice.

Students engage in a variety of learning modalities such as practice exams, case studies, and simulation exercises that enhance critical thinking, test-taking strategies, and clinical judgment. The capstone component integrates professional development topics including ethical practice, legal responsibilities, communication skills, and transition-to-practice readiness.

Through this course, students will build confidence, reinforce knowledge, and refine skills essential for safe, effective nursing care. Emphasis is placed on fostering independence, accountability, and professionalism to ensure graduates are fully prepared to succeed as Licensed Practical Nurses.

## **PRACTICAL NURSING PROGRAM OUTCOMES**

**Upon successful completion of the Practical Nursing Program, graduates will be able to:**

**Demonstrate Competent Nursing Practice:**

Provide safe, effective, and compassionate nursing care to clients across the lifespan in a variety of healthcare settings, using evidence-based practices and adhering to legal and ethical standards.

**Apply the Nursing Process:**

Utilize assessment, diagnosis, planning, implementation, and evaluation to deliver individualized nursing care that promotes health, manages illness, and supports recovery.

**Exhibit Clinical Judgment and Critical Thinking:**

Analyze and respond appropriately to patient conditions, anticipate complications, prioritize care, and make sound clinical decisions in dynamic healthcare environments.

**Communicate Effectively:**

Establish therapeutic communication with patients, families, and healthcare team members, while accurately documenting care and maintaining confidentiality.

**Administer Medications Safely:**

Calculate, prepare, and administer medications following established protocols, recognizing potential side effects and contraindications to ensure patient safety.

**Promote Health and Wellness:**

Educate clients and communities on nutrition, disease prevention, health maintenance, and wellness promotion tailored to diverse populations.

**Demonstrate Professionalism and Ethical Practice:**

Uphold the standards of the nursing profession through accountability, responsibility, and continuous personal and professional development.

**Function as a Member of the Healthcare Team:**

Collaborate with interdisciplinary teams, demonstrating respect, leadership, and effective delegation within the scope of the Licensed Practical Nurse role.

**Prepare for Licensure and Career Advancement:**

Successfully complete the NCLEX-PN examination and demonstrate readiness to enter the workforce as competent, entry-level Licensed Practical Nurses.

**AHI Academic Faculty**

| Faculty Name & Title                 | Academic Preparation                  |
|--------------------------------------|---------------------------------------|
| Deitra Gates<br>Program Director/DON | DNP<br>Chamberlain College of Nursing |
| Carol Ayogu<br>Administrator         | BSN<br>Ohio State University          |
|                                      |                                       |

Assured Health maintains the right to change faculty as long as the change does not impact the program's overall goals and completion requirement.

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